



THE LANDS AT



PLOWING FORWARD
Spring 2019

Our Mission

The Lands at Hillside Farms is a historic, non-profit 501(c)(3), 412-acre educational dairy farm that teaches sensible and sustainable life choices which, if enough of us adopt, will allow those born in 200 years to inherit all the resources and opportunities we have now.



Upcoming Events at Hillside Farms

One of Hillside's core beliefs is that it's essential to spend quality time with family and friends. We hope you can strengthen your

relationships with visits to our farm.

April 14th: Migratory Bird Walk 9-11am

Celebrate the return of spring and join fellow bird-enthusiasts for a migratory bird walk from. Registration required. Donations gratefully accepted. [Click to register.](#)

May 4: Owl Calling & Star Gazing 8-10pm

We will take a gentle tractor wagon ride to the top pastures and spend an hour gazing at the stars and calling owls with an expert naturalist, John Levitsky. Registration required. \$10 per person.

[Click to register.](#)

May 4 & 5: Vintage Furniture & Furnishings Sale at The Cottage

We handpick quality local items and feature them for sale in our beautiful cottage. We'll have unique vintage furniture, home goods, decor, and other fine pieces that can be used for generations to come. Saturday 10am-3pm & Sunday 12-3pm.

May 11: Gentle Sheep Shearing at The Coach Barn 12-2pm

Come watch our sheep and alpaca lose their winter coats and learn about the process from an expert in animal husbandry, Hoyt Emmons. Have your questions answered as our flock get their yearly haircut. Donations gratefully accepted.

Starting June 5: Outdoor Yoga every Wednesday 6:30-7:30pm

We welcome The Zen Barre yoga studio to the farm! They'll offer an all levels outdoor yoga class every Wednesday June 5-August 28 at our new barn. \$10. [Click to register](#)

June 14: Family Movie Night in the Barn: Because of Winn-Dixie 6pm

Join us in the Coach Barn. Bring chairs to sit on and we'll provide the popcorn. Donations gratefully accepted.

June 14: Pastured Pork BBQ 3-6pm

Enjoy a great meal at the farm! Pulled pork sandwich, one side, and one beverage \$10.

June 23: Hen House Tour 11am -12pm

Spend an hour with our feathery flock in our summer pastures. Learn how our eggs make it from field to store and ultimately to your kitchen. Registration is required. Donations gratefully accepted.

[Click to register.](#)

Kids & Animals Are a Magical Combination!



When kids can't come to the farm, we bring the farm to them!

One of the special places we like to visit is Aveanna Healthcare, formerly known as Pediatrics.

Aveanna is a pediatric day health center for medically complex children. Their nursing and caregiving staff meet the kids developmental goals while improving their medical outcomes. And part of the program is an occasional visit from our farm animals!

Cassie Borthwick, a teacher at Aveanna Healthcare, says, "Hillside Farms offers a large variety of unique academic information to the children, this includes hands on sensory with the animals and nature."

It's well documented that animals help calm, motivate, and teach children. Our animals do a wonderful job entertaining kids at the farm and have a lot of experience making connections in our community too.

Kristen Kenzakoski a parent of a child who attends Aveanna says about Hillside's visits, "This facility allows the children and adults to stay active along with promoting a healthy lifestyle."

"Hillside Farms allows the children to socialize and interact with the animals and staff and helps them to forget about their health care concerns while having fun and learning at the same time."

Debbie Lafratte,
Director Aveanna Healthcare

Your purchases and donations help support Hillside's educational programs. Thank you for supporting our mission and allowing us to make meaningful connections with the children at Aveanna.

Farm Camp 2019

We've got incredible farm camps planned for the summer! Our summer farm camps are open for students entering K-8. There are new activities every week. [Click for details and registration](#)

June 17–21 Farm STEM

June 24–28 Wild About Nature

July 15–19 Farm STEM

July 22–26 Wild About Nature

August 5–9 Farm STEM

Each week of Hillside Farms Summer Camp includes:

- hands-on animal interactions
- farm chores
- outdoor games and activities
- tie dye
- a hike on our Historic Trail
- hayride
- water day
- ice cream

Crosswalk



We want you to have a safe visit to Hillside so we've installed a crosswalk! We've been trying to get the approval and funding in place for ten years and it's finally here! Our crosswalk was made possible through funding received from a USDA Rural Business Development Grant. Visitor and driver safety is paramount so please use our crosswalk. It's across from the Coach Barn.

Meet Cairo!

Cairo turned 19 in February, making her the oldest cow on our farm!



When Cairo retired from the dairy herd, she joined our Education Team and greets visitors at the Coach Barn.

Cairo has a lot of spunk and and boldness. Don't underestimate this beauty just because of her age.

She's a Jersey cow and was born in Lake Champlain. We acquired Cairo in 2006 as one of the first cows in our dairy herd. We're so lucky to have had her as part of our herd for several years.

Your donations and purchases help us keep animals like Cairo as part of our education team.

Reading to Calves

Boost your child's reading skills while exposing our calves to more human interaction. You are welcome to come and read to our calves any time the Coach Barn is open. We have a library of books available or bring your own. Pull up a rocking chair and read on!

[Click to read more about reading to animals](#)



Dr. Ayers Dairy Barn Update

The dairy barn is more than 95% completed. With utility hookups



and finish-up work left in the milking parlor it is looking good for April as the timeframe for the herd to move. We are so grateful to the many donors who made this barn possible. Our animals are going to love their new home!

Easter!

Stop by the Dairy Store for all your Easter needs:



- eggs
 - butter
 - ham & sausage
 - bread & rolls
 - sauerkraut & pierogies
 - eggnog
 - chocolate & sweets
 - local made palm crosses
 - handmade wreaths
 - and of course..ice cream!
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Visit us today!
The Lands at Hillside Farms
65 Hillside Road
Shavertown, PA 18708
570-696-4500

[Visit our Website](#)

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